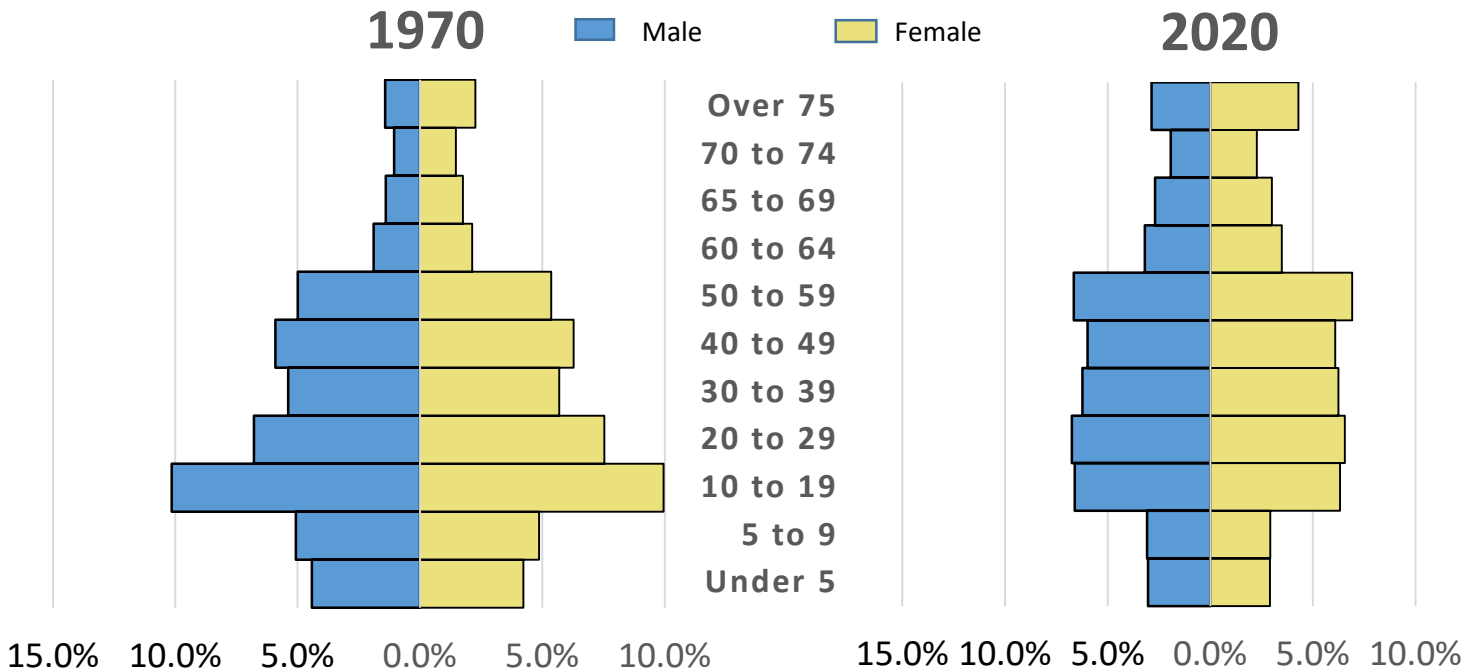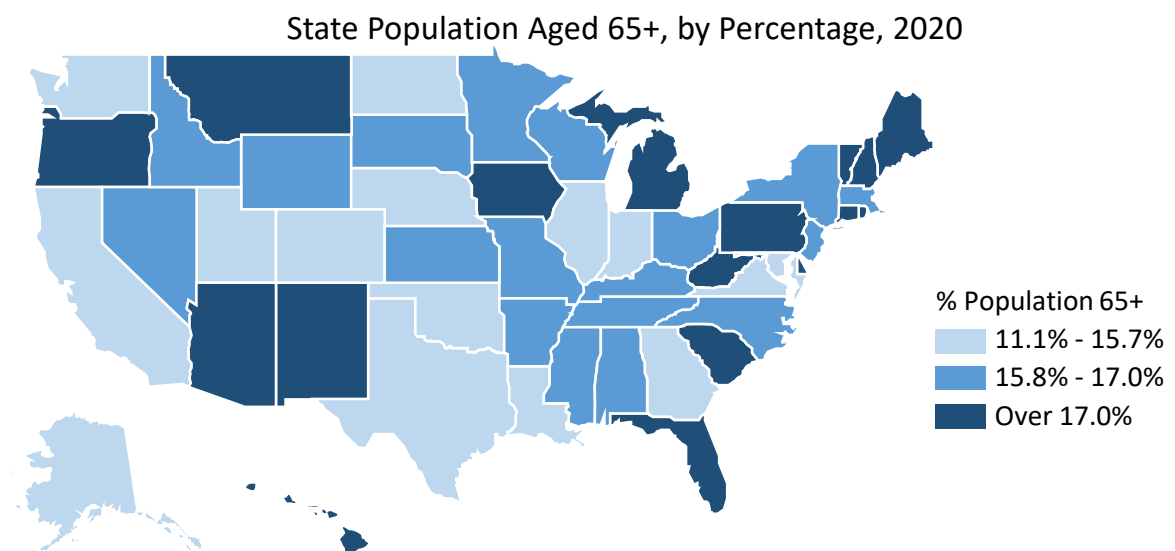# Legislative Budget Office of LSC

Ohio's Population 65+ is Increasing

Ohio's population aged 65+ **grew** by the largest amount of any population group from 1970 to 2020 – from **9.4%** of the total population to **17.0%**. This group is **anticipated to continue to grow** in future decades. The population aged 20 to 64 ("working-age") **grew** from **52.0%** to **58.1%**. The population 19 and under **decreased** from **38.7%** to **24.9%**.
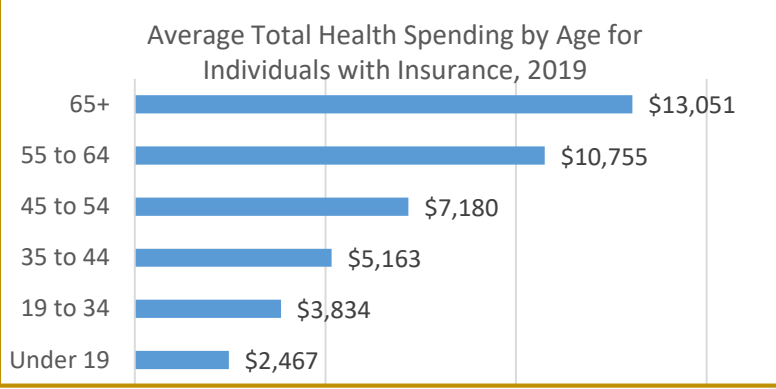

1970 | 2020 population pyramids

Legend: Male (blue), Female (yellow)

Age groups: Over 75, 70 to 74, 65 to 69, 60 to 64, 50 to 59, 40 to 49, 30 to 39, 20 to 29, 10 to 19, 5 to 9, Under 5

Axis: 15.0% 10.0% 5.0% 0.0% 5.0% 10.0%

The population of individuals 65+ varies by state. In 2020, **Maine** had the **highest** percentage of people over age 65 (20.6%), while Utah had the lowest (11.1%). Ohio had 17.0% in this age group – the 18th highest. However, states with the highest number of individuals 65+ are in order as follows: California, Florida, Texas, New York, Pennsylvania, and Ohio. These six states had 40% of the 65+ population in 2020.

State Population Aged 65+, by Percentage, 2020

% Population 65+
- 11.1% - 15.7%
- 15.8% - 17.0%
- Over 17.0%

An aging population can lead to a number of impacts – including a shortage of workers and increasing health care costs. As individuals age, health care costs increase.

Someone turning 65 today in the U.S. has a

70% chance of requiring long-term care services or supports:

- **3.7 years** – Average length of time **women** need care
- **2.2 years** – Average length of time **men** need care

Average Total Health Spending by Age for Individuals with Insurance, 2019

Age	Spending
65+	$13,051
55 to 64	$10,755
45 to 54	$7,180
35 to 44	$5,163
19 to 34	$3,834
Under 19	$2,467